

Variable	Mean	SD	Min	Max
Age	34.5	10.2	21	55
Gender	0.5	0.5	0	1
Marital status	0.5	0.5	0	1
Number of children	1.2	1.5	0	5
Household income	15.5	12.5	5	45
Education level	12.5	3.5	8	16
Occupation	1.5	1.5	0	3
Health status	1.5	1.5	0	3
Stress level	2.5	1.5	0	4
Life satisfaction	3.5	1.5	1	5
Resilience score	2.5	1.5	0	4
Emotional stability	3.5	1.5	1	5
Self-efficacy	3.5	1.5	1	5
Optimism	3.5	1.5	1	5
Gratitude	3.5	1.5	1	5
Forgiveness	3.5	1.5	1	5
Empathy	3.5	1.5	1	5
Compassion	3.5	1.5	1	5
Kindness	3.5	1.5	1	5
Generosity	3.5	1.5	1	5
Patience	3.5	1.5	1	5
Humility	3.5	1.5	1	5
Modesty	3.5	1.5	1	5
Shyness	3.5	1.5	1	5
Introversion	3.5	1.5	1	5
Neuroticism	3.5	1.5	1	5
Extraversion	3.5	1.5	1	5
Agreeableness	3.5	1.5	1	5
Conscientiousness	3.5	1.5	1	5
Openness	3.5	1.5	1	5
Stability	3.5	1.5	1	5
Resilience	3.5	1.5	1	5
Emotional stability	3.5	1.5	1	5
Self-efficacy	3.5	1.5	1	5
Optimism	3.5	1.5	1	5
Gratitude	3.5	1.5	1	5
Forgiveness	3.5	1.5	1	5
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Kindness	3.5	1.5	1	5
Generosity	3.5	1.5	1	5
Patience	3.5	1.5	1	5
Humility	3.5	1.5		

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